

## **CORONAVIRUS INFORMATION**

The Corona virus COVID-19 has caused a global pandemic. Its clinical presentation varies from asymptomatic or mildly symptomatic, to life-threatening cardiopulmonary complications and death. Unfortunately, there is no effective treatment and a vaccine has not been developed yet. However we can focus on safety and prevention.

## **STEROIDS AND PROCEDURES**

At this time, there is not enough evidence to conclusively determine whether pain management procedures have any positive or negative impact on the possibility of contracting the virus and/or development of any sequelae. Steroids are frequently used for pain injections.

In high doses, steroids may have a negative effect on immunity; however, the therapeutic dose used for injections is generally low. Accordingly, we will limit our steroid dose to the lowest effective therapeutic dose or in some cases steroids will not be injected at all.

The risks, benefits, alternatives and decision to proceed with a procedure will be made in conjunction with you, the patient. We cannot guarantee that you will not become infected at some point during your treatment regimen, but we will be taking every precaution to minimize that risk.

## **SAFETY PRECAUTIONS**

To reduce the risks associated with the COVID-19 infection, we have implementing safety precautions and are following protocols consistent with the CDC and state recommendations.

A mask or face cloth is required for every person entering the facility. Drivers or guests of patients are asked to wait outside the building to limit excess contact exposure.

All Patients, visitors and staff must practice social/physical distancing

Additional cleaning products have been purchased and additional cleaning protocols have been implemented to disinfect high touch areas as well as deep cleaning of the entire facility by department.

Air turnover rates have been determined in the surgery center and are significantly above average rates. In addition, in our O.R. Park Center for Procedures has a Reme Halo device which is a military grade air purification system, which kills 99% of all viruses on surfaces and in the air.

Your safety is our highest concern. Please remember to wear a mask anytime you leave your residence and are around other people.